

Swimming pool programme

School term time programme

	8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
Mon		School		Masters lanes		Lanes				Casual swim DB		Highworth Phoenix Diving Club		Twilight lanes	
Tue	Lanes 7.00 - 8.30	School		Toddler Splash		Lanes		Cleaning/ Maintenance	Junior courses	Casual swim DB			Lanes		
Wed	Lanes 7.00 - 8.30	School		Ladies only lanes		Lanes				Casual swim DB		Lanes		HPDC* Adult**	Club
Thur	Lanes 7.00 - 8.30	School		Toddler Splash		Lanes		Staff training	Junior courses	Casual swim DB		Highworth Amateur Swimming Club		Lanes	
Fri		School		AquaFit		Lanes				Casual swim DB		2 Lanes Swim clinic		Club	
Sat		Junior courses				Wet 'n' Wild DB		Casual swim DB		Lanes DB		Pool party		Gala events	
Sun		Lanes	Family swim DB		Casual swim DB		Wet 'n' Wild DB		Casual swim DB			Swindon Amateur Swimming Club			

School holiday programme

Key DB Diving board * Highworth Phoenix Diving Club ** Adult Swimming lessons

	8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
Mon			Private hire	Masters lanes	Lanes				Casual swim			Highworth Phoenix Diving Club		Twilight lanes	
Tue	Lanes 7.00 - 8.30		Private hire	Toddler Splash	Lanes		Cleaning/ Maintenance	Junior courses		Casual swim			Lanes		
Wed	Lanes 7.00 - 8.30		Private hire	Ladies only lanes	Lanes				Casual swim			Lanes	HPDC [®] Adult [®]	Club	
Thur	Lanes 7.00 - 8.30		Private hire	Toddler Splash	Lanes		Staff training	Junior courses		Casual swim		Highworth Amateur Swimming Club		Lanes	
Fri			Private hire	AquaFit	Lanes				Casual swim			2 Lanes	Swim clinic	Club	
Sat			Junior courses		Wet 'n' Wild		Casual swim		Lanes	Pool party		Gala events			
Sun	Lanes	Family swim		Casual swim		Wet 'n' Wild		Casual swim				Swindon Amateur Swimming Club			

Childrens water safety - Children under 4 years -

Children 4-7 years - Children of mixed ages -

Supervision ratios

- One adult: one child with **or** without armbands
- One adult: two children with armbands
- One adult: two children with **or** without armbands
- One under 4 and one 4-7 year old can swim with one adult if **both** are in armbands **or** the older child holds the ISRM award.
- One under 4 and two 4-7 year olds can swim with one adult if **all** are in armbands **or both** older children hold the ISRM award.

An adult is 16+ years old. This applies to sessions and supervision.

For more information contact reception or go to www.swindon.gov.uk/swimadmissions

Armbands and floatation jackets must conform to BSI standard EN13138